

London 2012 Olympic Games

Cameroon Olympic Team fine-tune strategies

Previewed to start on the 27th of July 2012, Cameroon will be participating in the 2012 London Olympics in nine disciplines, namely: Athletics, Rowing sports, Boxing, Football, Weightlifting, Judo, Wrestling, Swimming, and Table tennis.

Athletics

Just one athlete has been able to attain the minimum performance record for the Olympic Games. He is called ADAMS IDRISSE and will be competing in the 100m event. Other names are imminent after the African Championship that will be coming up from the 24th of June to the 3rd of June 2012.



Rowing sports

In the **rowing sports** (Aviron), ETIA NDOUMBE Paul will be representing Cameroon in this discipline for the second time. His first participation was in the Beijing 2008 Olympics.

Boxing

Four boxers: Thomas ESSOMBA, Blaise YEMOU, ABDON MEWOLI, and Christian DONFACK are bracing up for the battle. Though with a lot of challenges to overcome, boxing has always been our source of hope. They are up to the task.



Thomas ESSOMBA



ABDON MEWOLI



Blaise YEMOU



Christian DONFACK

Football

The only team sports in football qualified for the 2012 London Games is the female football squad that has been on a steady rise in performance. The girls of ENOW NGACHU are determined to attain greater heights.



Female Football squad celebrating their gold medal in the 2011 Maputo All African Games

Weightlifting

The **Weightlifting** athletes have not been lying in their laurels. FOKEJOU TEFOET Frederic and NZESSO NGAKE Madias Dodo are the two athletes that have qualified to represent Cameroon in the Weightlifting event at the London Olympic Games.



FOKEJOU TEFOET Frederic



NZESSO NGAKE Madias Dodo

Judo

In **Judo**, Dieudonné DOLASSEM is the only athlete to represent Cameroon in the discipline.

Wrestling

Ali ANABEL, Cameroon's Olympic flag bearer is a household name in the annals of the Olympic Games. She will be taking part in the wrestling discipline for the second time since 2008. The African champion remains one of Cameroon's potential medal hopes.



Ali ANABEL

Swimming

In the **Swimming** race there is, young Joyce GUEDIA who was part of the Beijing expedition in 2008. Another new name, EDINGUE EKANE Paul Daniel will be representing Cameroon in the 2012 London Olympics. At 13 Joyce was part of the Cameroon Olympic Team in Beijing 2008 and at 17 today, she must have matured enough to create surprises.



Joyce GUEDIA

Table Tennis

SARAH NANA HANFFOU will be part of the Cameroon Olympic Team for the 2012 London campaign in the Table tennis discipline.

All qualified athletes and the technical staff have been fine-tuning strategies in their various fields to give Cameroon a hectic participation in London. While foreign based athletes are training in their professional clubs and high level training centers in Africa and Europe, local athletes started preparations on the 6th of June 2012 in Yaounde. This will run up to the 2nd of July 2012. The final training camp will take place in Aberdeen Scotland from the 2nd – 16th of July 2012. An acclimatization preparation is previewed to run from the 17th to July 26th in London.

Rubrique : Lionnes Indomptables.

Derniers résultats des Lionnes Indomptables

Jeux Africains (2011)

Cameroun-Algérie: 3-0

Cameroun-Ghana: 0-0

Cameroun-Ghana: 1-0. **Le Cameroun remporte la médaille d'or**

Eliminatoires J. O 2012

Cameroun- Nigeria: 2-1

Nigeria-Cameroun: 2-1 (4-6). **Le Cameroun qualifié**

Eliminatoires CAN 2012

Ghana- Cameroun: 1-1

Cameroun-Ghana: 1-1 (10-9). **Le Cameroun qualifié**



(source : www.minsep.cm)